Request for Program Information – Department of the Air Force

Request for Information from DAF A1Z - Integrated Resilience:
Today's date: 08/21/2024 (day month year)

 The questions below will help us learn more about your program before any meetings with the Integrated Resilience Teams are scheduled. Please answer these questions specifically to the program that will be deployed for the Department of the Air Force. At the end of the survey, we have space for you to provide feedback on the questions or if additional explanation is needed.

 Please respond to these questions within **one month** of receipt of this survey. If you need to stop and return to the survey your progress will be saved. Following our review of your responses, we will either request a follow-up meeting or request further information prior to proceeding. Please submit your survey to us by: 9/21/2024 (day month year)

If you need more time to complete the requested information, please let us know by emailing Dr. Nicole Morgan at nicole.morgan.2@us.af.mil

Name of Program

Professional Dynametric Programs (aka PDP Global) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Who are the developers of the curriculum or principal scientists who conceptualized the program? Please email additional details to: nicole.morgan.2@us.af.mil

Original Creators of the ProScan Instrument - Dr. Samuel Houston Ph.D, Dudley Solomon Ed.D, Bruce M. Hubby.

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2. Do you have peer-reviewed published research on the effectiveness of your program?  (e.g., randomized control trials, quasi-experimental)

X No (0)

* Yes (Please email manuscripts to: nicole.morgan.2@us.af.mil (1)

Display This Question:

If 2. Do you have peer-reviewed published research on the effectiveness of your program?  (e.g., ran... = No

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2a. If no, have there been any reports to demonstrate the effectiveness of the program that you can share? Any qualitative data is also accepted.

* No (0)

X Yes (Please email reports and any key details to: nicole.morgan.2@us.af.mil (1)

3. How would you summarize your program? Please include the primary goals of the program or mission statement (100 words or less).

PDP has been utilized for more than 20 years in the Air Force and is currently in use on 32 military bases world-wide (please see the attached file).

The program utilize statistically rigorous and validated data to identify individual and team strengths, stressors and satisfaction. Using this data, Air Force trainers are certified to administer surveys and provide 1 on 1 mentoring and group workshops with a goal of improving team dynamics and cohesion and reducing individual stress and energy drain.

More than 350 Air Force personnel have been certified in the delivery of PDP ProScan.

4. Please describe the theory upon which you developed this program/product. Please upload the logic model, if available, to the link sent from google drive. Contact nicole.morgan.2@us.af.mil for additional details.

Please see the following documents (Web links below):

**Monograph No. 10**:

[Research\_Reference.pdf (pdpglobal.com)](https://www.pdpglobal.com/hubfs/Pdpglobal_April2018_Theme/Pdf_Files/PDP_Research-Monograph_No_10.pdf?utm_campaign=Research%20Page&utm_source=monograph-10&hsLang=en)

**Confirmatory Factor Analysis:**

[ProScan Confirmatory Factor Analysis.pdf (pdpglobal.com)](https://www.pdpglobal.com/hubfs/Research%20PDFs/ProScan%20Confirmatory%20Factor%20Analysis.pdf)

**Evolution of the ProScan Survey:**

https://pdp.app.box.com/v/proscan-survey-evolution

**Disparate Impact Study:**

[Research\_Reference.indd (pdpglobal.com)](https://www.pdpglobal.com/hubfs/Pdpglobal_April2018_Theme/Pdf_Files/PDP_Research-Disparate_Impact_Study.pdf?utm_campaign=Research%20Page&utm_source=disparate-impact&hsLang=en)

**Data Quality Control and Integrity**

<https://pdp.app.box.com/s/sgjxi0g9gooqxlyyda8w4eesrj0an69s>

**IRT:**

Please see the attached draft document

**For all research studies, please see:**

<https://www.pdpglobal.com/continuous-improvement-research>

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5. Before starting the program, is there an intake/baseline assessment for the participant?

* No (0)

X Yes (please describe): (1) Each participant takes an initial survey prior to participating in Mentoring or a PDP Workshop. Subsequent surveys can show whether improvement in stress has been achieved over time.

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6. How many times is the participant expected to engage in the program?

* One time experience/interaction (please specify length of time): (1) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Structured number of sessions (e.g., 1 session per week over 8 weeks) (please specify): (2) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

X Unlimited or variable number of interactions (3) Surveys are purchased by the site and can be utilized to target specific groups based upon Integrated Resilience plans, Site leader needs or Chaplain outreach.

End of Block: BlockWhoWhat

Start of Block: Eval

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7. Has the program ever had an outcome evaluation? Outcomes include changes in knowledge, attitudes, skills, and behaviors that occur as a result of your program participation.

* No (0)

X Yes (1)

Display This Question:

If 7. Has the program ever had an outcome evaluation? Outcomes include changes in knowledge, attitud... = Yes

7a. What outcome measures are/were collected?

Please see the emailed information provided as part of Col. John Kinney’s work with the Grand Forks AFB. PDP helped reduce DUI’s by 50%, reduce suicide attempts by 30%, and increased team engagement by 300% (please see the attached file

Display This Question:

If 7. Has the program ever had an outcome evaluation? Outcomes include changes in knowledge, attitud... = Yes

7b. What were the immediate results (after program completion)? Please provide effect sizes if available. Please email additional details to: nicole.morgan.2@us.af.mil

If none are available write n/a.

As part of a broad program at Grand Forks AFB, PDP helped reduce DUI’s by 50%, reduce suicide attempts by 30%, and increased team engagement by 300% (please see the attached file) and reach out to john.kinney.2@us.af.mil for further context.

Display This Question:

If 7. Has the program ever had an outcome evaluation? Outcomes include changes in knowledge, attitud... = Yes

7c. What were the follow-up results (6-months/12-months after the program)? Please provide effect sizes if available. If none are available write n/a.

NA \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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7d. Do you follow-up with participants who discontinued or dropped out of the program?

* No (0)

X Yes (Please email additional details to: nicole.morgan.2@us.af.mil (1) Follow up always occurs with sites that no longer renew their use of the PDP assessments. Typically, this happens when a key trainer leaves a base and a new trainer is not identified.

End of Block: Eval

Start of Block: ContentProcess

8. Does your program teach any specific skills or activities to practice?

X Yes (1)

* No (2)

Display This Question:

If 8. Does your program teach any specific skills or activities to practice? = Yes

8a. What does your program teach (i.e., any specific skills or what activities are offered to practice)?

Communication and Leadership skills based upon an individual’s behavioral profile. Stress reduction identification and skills to mitigate stressors.

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If 8. Does your program teach any specific skills or activities to practice? = Yes

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8b. How is content taught? (e.g., assign specific mentors/coaches who works with a participant over a fixed period of time; classroom environment with an instructor, webinar, self-paced with online content that is read). (Select all that apply.)

X Self-paced with content that is read (1)

X Mentors/coaches who works with a participant one-on-one (2)

X Peer networking interactions (formal/professional) (3)

X Social support peer learning (informal/casual) (4)

X Instruction classroom environment (lecture, video, webinar, etc) (5)

X Role-Play/Practicing the skills (6)

* Homework (7)
* Other (please specify): (8) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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9. If the program is provided online, how it is delivered? (Select all that apply.)

* ⊗No content is provided online (1)
* An app is available (2)

X There are external links to other resources (3)

* Our website requires registration to access (4)
* There is an online dashboard (5)
* Social media participation (6)
* Webinars (7)
* How-to videos (8)
* Message boards (9)
* Live chat (either text or video chat) (10)
* Virtual job fairs (11)
* Downloadable guides, checklists (12)
* Other (please specify): (13) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

What individual protective factors does your program demonstrate to effectively improve?

* Coping & problem solving skills (non-violent) (1)

X Emotion regulation (4)

* Financial Readiness (5)
* Help Seeking Acceptability (6)
* Mental Health (7)
* Mindfulness (8)
* Refusal Skills (9)
* Nutrition (10)

X Endurance (11)

X Positive Thinking/Reframing/ Perspective (12)

X Focus/Attention (13)

* Purpose (14)

X Perseverance (15)

* Core Value (16)

X Burnout Prevention (17)

X Strength (18)

X Recovery (19)

X Decision Making (20)

X Awareness (21)

X Adaptability (22)

* Other (23) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* None of the above (24)

What interpersonal protective factors does your program demonstrate to effectively improve?

X Bonds to Classmates/Co-workers (1)

X Class Morale (4)

X Cohesion (5)

* Committed and engaged leadership (6)

X enhance communication and conflict management skills. (7)

* healthy and safe interpersonal interactions (e.g., empathy; expectations for caring) (8)
* healthy and safe interpersonal sexual communication & interactions (e.g., sexual communication; consensual sexual behaviors; sexual respect) (9)
* parents’ skills for healthy parent-child attachment with an emphasis on children’s social emotional development, (10)
* parenting skills- ages and stages of life on safe and developmentally attuned disciplinary practices. (11)
* parents skills about healthy child sexual development across their ages and stages, so parents can understand what behaviors are normative (12)
* Association with pro-social peers (prosocial skills) (13)
* Other (14) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* ⊗No interpersonal protective factors (15)

What community level protective factors does your program demonstrate to effectively improve?

* Access to Services/Crisis Services (1)

X Connectiveness in military community (4)

* Encourage reporting (5)
* Enforcement of policies (6)
* Healthy Norms/Healthy Class Norms (7)
* healthy command climates (e.g., reinforce norms that counter sexual assault, enforce harassment policies, implement bystander approaches). (8)
* promoting a military community culture that rejects the use of violence, harm, or controlling behaviors in spouse and intimate partner relationships, and promotes the dignity and equal worth of spouses and intimate partners. (9)
* Protective Environment (Education on lethal means) (10)
* Other (Please specify): (11) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* ⊗No community level protective factors (12)

What individual risk factors does your program demonstrate to effectively decrease?

* Anger/Aggressive Behaviors (1)
* Anxiety (4)
* Depression (5)

X Suicide Ideation (7)

* Emotional Regulation Difficulties (impulse control) (8)

X Everyday stressors (9)

* Maladaptive Coping Attitudes (10)
* Military Functional Impairment (11)
* Occupational Impairment (12)

X Poor social skills (non-violent prob solv) (13)

* Previous Trauma (history of violent victimization/ witnessing violence) (14)
* Stigma (15)
* Unwelcome or offensive behavior- harassment, bullying, hazing, reprisal, retaliation (outcome) (17)

X Time urgency (job related) (18)

* Substance Use (20)
* Other (Please specify): (21) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* ⊗No individual risk factors (22)

What interpersonal risk factors does your program demonstrate to effectively decrease?

X Passive Leadership (1)

* Toxic Leadership (4)
* Loneliness/Social Isolation (3)
* Poor parent-child relationships (in protective)/Family Conflict (5)
* Economic stress (6)
* Other (Please specify): (7) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* ⊗No interpersonal risk factors (8)

End of Block: ContentProcess

Start of Block: BarriersOngoingCost

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10. Is your program data stored on US-based servers only?

* No (0)

X Yes (1)

* I don't know (2)
* Not applicable, we do not collect data. (3)

11. What factors outside the program design and the implementation setting affect participants achieving the intended outcomes?

Implementation of the training of certified presenters. The Air Force has a train the trainer model which enables a lower price per certification. The “Train the Trainers” are certified utilizing a rigorous multiple-day process. However, results and follow-through by certified Train the trainers and the people they certify within the Air Force vary. These results also vary based upon the presentation skills of those certified.

Finally, the buy-in by senior leadership within the base or wing has been a major factor for the success of the programs. When a senior leader becomes passionate about the use of the tool, the results are always stronger (number of people utilizing the tool and the effect on each person).

12. What limitations have you identified with your product or program?

The tool is based upon the input of the individual regarding their own style, not a 360 set of feedback.

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Display This Question:

If If 12. What limitations have you identified with your product or program? Text Response Is Not Empty

12b. What plans (if any) do you have to mitigate these limitations to develop your program?

No current plans to adapt the tool at this time after exploring the idea.

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13. Does the program provide ongoing support to the participants after the formal program period has ended? If so, please select all supports that are provided.

* There are currently no ongoing supports. (12)

X Booster sessions (1)

* Support groups (2)
* Helpline with content provided (3)

X Referrals (4)

* Alumni organization (6)

X Ongoing coaching after formal programming has ended (7)

X Ongoing peer support after formal programming has ended (8)

* Other (please specify): (11) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

14. What do you think are the strengths of the services you provide?

The tool enables improved team interaction, leadership skills, communication skills and a reduction in individual and team stressors.

Excellent return on investment of Airmen time: A 5-8 minute test provides a highly accurate assessment of strengths, stressors and movtivators in a 24 page report (96%+ attest to the accuracy of their results). The assessment can be used in various forms, both 1 on 1 with the Airmen and as part of team workshops. The accuracy and repeatability of the results is very high as evidenced by the CFA and IRT, with rigorous research into that accuracy.

The cost of certification ($1,000 for PDP Professional and $650 for PDP Mentor) is ~60% lower than standard retail price due to the Train the Trainer model used by the Air Force. PDP surveys range in price (GSA pricing) from $9.97 - $49.87 per survey depending on the volume of surveys purchased.

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End of Block: BarriersOngoingCost

Start of Block: Cost

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15. What is the cost to a unit per person? $\_$9.97 - $49.87 per survey (Please email additional details to: nicole.morgan.2@us.af.mil

Please see the attached files describing the cost per survey and the certification costs.

End of Block: Cost

Start of Block: Training

Display This Question:

If Loop any: 8b. How is content taught? (e.g., assign specific mentors/coaches who works with a participant ov... = Mentors/coaches who works with a participant one-on-one

Or Loop any: 8b. How is content taught? (e.g., assign specific mentors/coaches who works with a participant ov... = Instruction classroom environment (lecture, video, webinar, etc)

Or Loop any: 8b. How is content taught? (e.g., assign specific mentors/coaches who works with a participant ov... = Role-Play/Practicing the skills

Or Loop any: 8b. How is content taught? (e.g., assign specific mentors/coaches who works with a participant ov... = Other (please specify):

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16a. How much time (in hours) does it take to train the mentors/coaches or instructors?

PDP Professional = 2 days, PDP Mentor = 1 day \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Display This Question:

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Or Loop any: 8b. How is content taught? (e.g., assign specific mentors/coaches who works with a participant ov... = Role-Play/Practicing the skills

Or Loop any: 8b. How is content taught? (e.g., assign specific mentors/coaches who works with a participant ov... = Other (please specify):

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16b. How much time (in hours) does it take a trainer to complete a full training (including reading content in preparation, set-up/tear down)?

\_2-5 hours\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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If Loop any: 8b. How is content taught? (e.g., assign specific mentors/coaches who works with a participant ov... = Mentors/coaches who works with a participant one-on-one

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Or Loop any: 8b. How is content taught? (e.g., assign specific mentors/coaches who works with a participant ov... = Role-Play/Practicing the skills

Or Loop any: 8b. How is content taught? (e.g., assign specific mentors/coaches who works with a participant ov... = Other (please specify):

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16c. How many people can be trained at one time by one trainer?

5-300 people can be trained at once. While methods vary, many effective trainers tend to train groups in the 20-50 person range. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Display This Question:

If Loop any: 8b. How is content taught? (e.g., assign specific mentors/coaches who works with a participant ov... = Peer networking interactions (formal/professional)

Or Loop any: 8b. How is content taught? (e.g., assign specific mentors/coaches who works with a participant ov... = Social support peer learning (informal/casual)

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16d. How much time (in hours) does it take to train the peers or peer facilitators (if none, enter 0)?

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End of Block: Training

Start of Block: Sample

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17a. What branches of service have participated in your program? Specifically, detail if you have existing contracts on any DoD installation. (Select all that apply.)

X Air Force / Space Force. What installations? (1)

Please see the attached file for details.

X Army. What installations? (2)

Please see the attached file for details.

X Navy. What installations? (3)

Please see the attached file for details.

* Marine Corps. What installations? (4) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Reserve / National Guard. What installations? (5) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Veterans who have discharged from military service (6)
* ⊗No branches of service have participated yet. (7)

Display This Question:

If 2. Do you have peer-reviewed published research on the effectiveness of your program?  (e.g., ran... = No

And 2a. If no, have there been any reports to demonstrate the effectiveness of the program that you c... = No

And 17a. What branches of service have participated in your program? Specifically, detail if you have... = Air Force. What installations?

Since you are currently running your program at an Air Force Installation, and you do have any effectiveness evaluations:

Are you collecting any data that can be used to determine the effectiveness of your program (If so, please email the report to nicole.morgan.2@us.af.mil)

X Yes (what can you share with us?) (4) Stephanie Wynn (stephanie.wynn@us.af.mil) from MacDill AFB is starting to collect data to better show current program impact. No data available at this time.

* No (5)

Display This Question:

If 17a. What branches of service have participated in your program? Specifically, detail if you have... != No branches of service have participated yet.

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17b. Do you currently receive funding to implement your program (e.g.,  grants, installation, VA partnerships, donations, non-profit)?

X No (0)

* Yes (please specify funder): (1) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Display This Question:

If 17a. What branches of service have participated in your program? Specifically, detail if you have... = No branches of service have participated yet.

Or 17a. What branches of service have participated in your program? Specifically, detail if you have... = Veterans who have discharged from military service

17c. How do you plan to implement the program in a military setting? How will you produce “buy in” from the end user in the Air Force setting?

Buy-in has largely come from three sources. First, exposure to the tool and its accuracy of results. Second, current certified trainers sharing with one another (frequently across the Integrated Prevention / Resilience teams and Chaplaincy. Third, support from Base and Wing commanders in various scenarios after they have been exposed to the tool themselves. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Display This Question:

If 17a. What branches of service have participated in your program? Specifically, detail if you have... = Army. What installations?

Or 17a. What branches of service have participated in your program? Specifically, detail if you have... = Marine Corps. What installations?

Or 17a. What branches of service have participated in your program? Specifically, detail if you have... = Reserve / National Guard. What installations?

Or 17a. What branches of service have participated in your program? Specifically, detail if you have... = Navy. What installations?

And If

17a. What branches of service have participated in your program? Specifically, detail if you have... != Air Force. What installations?

How do you plan to adapt the program to implement in an Air Force setting?

Although the program is applicable both in and out of the Air Force, after 20-years of usage in the Air Force and as part of the PACE program, the PDP program workshops and mentoring have been designed to be applicable to the unique needs of the Air Force in both language and format.

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18. Does this program focus on any specific paygrade? (Select all that apply.)

X E1 to E4 (1)

X E5 to E6 (2)

X E7 to E9 (3)

X Warrant Officers (4)

X O1 to O3 (5)

X O4 and higher (6)

X ⊗No specific paygrade (7)

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19. Does your program offer services to civilians? (Select all that apply.)

X Any civilians (1)

X Providers (including physicians and educators) (2)

X Policy makers (3)

X Family members or dependents of service members (4)

X Civil servants/DoD employees (5)

* Other (6) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* ⊗No, this program is specific to military service members. (7)

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20. Is your program designed for any specific sub-group that has specific risk factors for negative outcomes?

X No – It is for everyone (Universal program) (0)

* Yes – It is selected for individuals at-risk. Please specify the outcome the program targets: (1) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Yes – It is treatment program for individuals already exhibiting a diagnosis. Please specify the diagnosis: (2) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

End of Block: Sample

Start of Block: End

21. Is there anything else you would like to tell us about the program that has not already been mentioned?

This program has been delivered for every level of the Air Force – up to 3-star Generals and down to the lowest levels of the Air Force. Its effectiveness has been tested for 20-years, and although only limited measures are available, has been vetted by the thousands of Airmen who have requested the program and the ongoing growth of its use across bases. It is estimated that more than 40,000 Airmen have been surveyed using PDP over the past 20-years.

As part of the broader integrated resilience programs in the Air Force, the program targets an impact on DEOCS categories such as connectedness, morale, cohesion, stress, engagement and commitment, inclusion and leadership support.

As part of a program at Grand Forks AFB, PDP helped reduce DUI’s by 50%, reduce suicide attempts by 30%, and increased team engagement by 300% (please see the attached file).

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The Air Force Integrated Resilience team appreciates the time you have taken to share your experiences with us. Feel free to reach Dr. Nicole Morgan at nicole.morgan.2@us.af.mil if you have any additional comments.

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